

Jamie Schumpf, Psy.D.
Curriculum Vitae

Yeshiva University at Albert Einstein College of Medicine
Ferkauf Graduate School of Psychology
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CURRENT APPOINTMENTS

Associate Clinical Professor of Psychology	September 2016-Present
Assistant Clinical Professor of Psychology	September 2010-2016
Assistant Director of Clinical Training	September 2010-Present
Director of Internship and Externship Training	September 2010-Present
Assistant Director of CBT Training	September 2012-Present
Yeshiva University - Ferkauf Graduate School of Psychology	

Adjunct Clinical Assistant Professor of Psychology in Psychiatry	March 2015-Present
Instructor of Psychology in Psychiatry	July 2010-2015
New York Presbyterian Weill Cornell Medical Center	

Licensed Psychologist (Private Practice)	July 2010-Present
Senior Clinical Associate-Cognitive Therapy Center of Manhattan	

EDUCATION

2010	Post-Doctoral Fellowship New York Presbyterian Hospital-Weill Cornell Medical College, New York, NY
2008	Psy.D. Clinical Psychology Yeshiva University, Ferkauf Graduate School of Psychology (APA-Accredited), Bronx, NY
2008	Pre-Doctoral Clinical Internship Montefiore Medical Center (APA-Accredited), Bronx, NY
2005	M.A. Psychology en route to Psy.D. Yeshiva University, Ferkauf Graduate School of Psychology (APA-Accredited), Bronx, NY
2003	M.A. Forensic Psychology John Jay College of Criminal Justice, New York, NY
2001	B.A. Double Major: Psychology & Philosophy Binghamton University, Binghamton, NY

AWARDS

2014	Teacher of the Year – Weill Cornell Medical College, NYP Hospital – Psychology Program
2008	Jeffrey Sage Memorial Award for Excellence in Clinical Psychology – Yeshiva University
2003-2007	Frank and Judith Greenberg Scholarship – Yeshiva University

LICENSE & CERTIFICATIONS

2009-Present	Licensed Psychologist, State of New York (License # 018137)
2010-Present	Certified Cognitive Therapist, Academy of Cognitive Therapy
2014-Present	Site Visitor Certification - APA

MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS & LEADERSHIP ROLES

Editor – Advances in Cognitive Therapy

Academy of Cognitive Therapy (ACT) – Certified Diplomate, Board Member at Large, Chair Marketing Committee

Association for Behavior and Cognitive Therapies (ABCT) – Academic Training and Education Standards Committee

New York City-Cognitive Behavior Therapy Association (NYC-CBT) - President Elect

Psychology Directors of New York (PSYDNYS) – Program Delegate

National Council of Schools and Professional Programs in Psychology (NCSPP) – Program Delegate

SUPERVISORY EXPERIENCE

2016-2018 **Advanced Group Clinical Supervisor**

Yeshiva University, Ferkauf Graduate School of Psychology, Bronx NY

Supervise students' group work in adapting Unified Protocol to clinic patients.

2012-Present **Clinical Supervisor**

Yeshiva University, Ferkauf Graduate School of Psychology, Bronx NY

Provide group supervision in Cognitive Therapy to advanced graduate students.

2016 **Clinical Supervisor**

Yeshiva University, Ferkauf Graduate School of Psychology, Bronx NY

Provide group supervision in Geropsychology to advanced graduate students.

2012-2013 **Clinical Consultant**

New York Presbyterian-Weill Cornell Medical Center, New York, NY

Provided clinical consultation for advanced therapists leading CBT-I group.

2011-Present **Clinical Supervisor**

New York Presbyterian-Weill Cornell Medical Center, New York, NY

Provide group supervision in Cognitive Therapy to PGY3 residents.

2009-Present **Clinical Supervisor**

New York Presbyterian-Weill Cornell Medical Center, New York, NY

Provide individual supervision in Cognitive Therapy to pre-doctoral psychology interns.

2009-Present **Clinical Supervisor**

Yeshiva University, Ferkauf Graduate School of Psychology, Bronx, NY

Provide individual supervision in Cognitive Behavior Therapy to doctoral students.

CLINICAL EXPERIENCE

2010-Present **Licensed Psychologist**

New York, NY & Scarsdale, NY

2008-2011 **Research Clinician – Panic Study**

New York Presbyterian Hospital-Weill Cornell Medical College, New York, NY

2008-2010 **Post-Doctoral Psychology Fellow**

New York Presbyterian Hospital-Weill Cornell Medical College, New York, NY

2007-2008 **Pre-Doctoral Psychology Intern**

Albert Einstein College of Medicine, Montefiore Medical Center (APA-Accredited), Bronx, NY

- 2006-2007 **Clinical Psychology Extern**
Bronx Psychiatric Center, Bronx, NY
- 2006 **Examiner**
Comprehensive Psychological & Neuropsychological Assessments Sunnyside, NY
- 2005-2007 **Clinic Co-Coordinator**
Max and Celia Parnes Clinic of Yeshiva University – CBT Program, Bronx, NY
- 2005-2007 **Clinic Therapist**
Max and Celia Parnes Clinic of Yeshiva University – CBT Program, Bronx, NY
- 2005-2006 **Clinic Therapist**
Max and Celia Parnes Clinic of Yeshiva University – Ferkauf Older Adult Program, Bronx, NY
- 2005-2006 **Clinical Psychology Extern**
Jacobi Medical Center- Ferkauf Older Adult Program, Bronx, NY
- 2005-2006 **Neuropsychology Extern**
Einstein Aging Study- Ferkauf Older Adult Program, Bronx, NY
- 2004-2005 **Clinical Psychology Extern**
North General Hospital New York, NY
- 2003-2004 **Examiner**
Port Jefferson Psychological & Vocational Associates Port Jefferson, NY
- 2003 **Forensic MA Psychology Extern**
Port Jefferson Psychological & Vocational Associates Port Jefferson, NY

RESEARCH EXPERIENCE

- 2013 **Competency Rater**
Mt. Sinai School of Medicine and Yeshiva University, NY
Served as a rater for therapist competence on clinical research study examining efficacy of a CBT group-format prevention program in a population at high risk for pharmacologically-induced depression: patients receiving Interferon for Hepatitis-C. Viewed and rated taped sessions according to Competency Rating Scale CTS-R.
- 2012-2017 **Grant: DHHS, HRSA - Mental and Behavioral Health Education and Training Grants**
4 year program-Financed by 2012 Prevention and Public Health Funds (PPHF-2012), \$470,862.
The Collaborative Training Program to Provide a Continuum of Competent Care to Underserved, Severely and Persistently Mentally Ill Populations (CTP-SPMI). PI: L. McGinn
Project Manager: J.Schumpf
- 2010-Present **Doctoral Dissertation Committee Member at Yeshiva University for doctoral students**
Doctoral Dissertation Chair at Yeshiva University for: Landon Zaki
- 2004-2007 **Doctoral Research**
Yeshiva University, Ferkauf Graduate School of Psychology, Bronx, NY
Dissertation Title: “*Correlates of Bad Dream and Nightmares: Implications for a Neurocognitive Model of Disturbed Dream Generation*”
Advisor: Ross Levin, Ph.D., Committee: Lata K. McGinn, Ph.D., & Richard Zweig, Ph.D.

- 2006-2007 **Research Assistant**
Yeshiva University, Ferkauf Graduate School of Psychology, Bronx, NY
 Collected, entered, cleaned and analyzed data as part of a DHHS funded grant on teaching and supervising working with older adults.
- 2005-2006 **Research Assistant**
Culture Change Project-Isabella Nursing Home, New York, NY
 Collected baseline and follow-up data for a longitudinal project concerning older adults in institutional care settings.
- 2002 **Research Assistant**
John Jay College of Criminal Justice, New York, NY
 Assisted in a project concerning expert testimony in the judicial system.
- 1999-2001 **Research Assistant**
Binghamton University, Binghamton, NY
 Prejudice and Racism Lab-Psychology Department. Projects focused on assessing racism in employment practices and development of a measure to assess racism on college campuses.

TEACHING EXPERIENCE

- 2010-Present **Associate Clinical Professor of Psychology (2016)**
Assistant Clinical Professor of Psychology (2010)
Yeshiva University, Ferkauf Graduate School of Psychology, Bronx, NY
 Teach a year-long professional seminar to all four years of graduate students. Assign readings, grade written assignments and class presentations.
 Fall 2018 Taught “CBT for Anxiety and Depression” course to advanced students.
- 2010-Present **Adjunct Assistant Clinical Professor of Psychology in Psychiatry**
New York Presbyterian-Weill Cornell Medical Center, New York, NY
 Teach course in Cognitive Therapy Lecture Series to interns and residents. Taught basic courses in CBT to social work interns. Provide weekly supervision. Serve on pre-doctoral internship committee.
- 2004-2007 **Teaching Assistant**
Yeshiva University, Ferkauf Graduate School of Psychology, Bronx, NY
 Cognitive Behavior Therapy for Anxiety and Depression.
- 1999 **Teaching Assistant**
Binghamton University, Binghamton, NY
 Medical Ethics

INVITED LECTURES, WORKSHOPS & GRAND ROUNDS PRESENTATIONS

- Schumpf, J. (2018, July). *Cognitive Conceptualization*. New York Presbyterian-Weill Cornell Medical College, New York, NY.
- Auchincloss, E. Friedman, R., & **Schumpf, J.** (2018, April). Clinical Round Table. New York Presbyterian-Weill Cornell Medical College, New York, NY.
- Schumpf, J. (2017, October). *Principles of Cognitive Behavior Therapy for Insomnia and Other Sleep Disorders*. Yeshiva University, Ferkauf Graduate School of Psychology, Bronx, NY
- Schumpf, J. (2017, July). *Cognitive Conceptualization*. New York Presbyterian-Weill Cornell Medical College, New York, NY.

- Schumpf, J. (2017, April). *Principles of Cognitive Behavior Therapy for Insomnia and Other Sleep Disorders*. Yeshiva University, Ferkauf Graduate School of Psychology, Bronx, NY
- Schumpf, J. (2016, July). *Cognitive Conceptualization*. New York Presbyterian-Weill Cornell Medical College, New York, NY.
- Eubanks, C., Seigel, L., Messer, S., Rock, M., **Schumpf, J.**, & Rosenthal, J. (2016, March). *Ever the twain shall meet? Integrating Psychodynamic and Cognitive-Behavioral Approaches to Therapy*. Panel Discussion. Sponsored by Yeshiva University, NY, NY
- Schumpf, J. (2016, March). *Principles of Cognitive Behavior Therapy for Insomnia and Other Sleep Disorders*. Yeshiva University, Ferkauf Graduate School of Psychology, Bronx, NY
- Schumpf, J. (2015, July). *Cognitive Conceptualization*. New York Presbyterian-Weill Cornell Medical College, New York, NY.
- Schumpf, J. (2015, April). *Cognitive Behavioral Therapy*. New York University, New York, NY.
- Schumpf, J. (2014, October). *Implementing CBT-I*. SUNY Downstate Medical Center, Brooklyn, New York.
- Schumpf, J. (2014, March). *Principles of Cognitive Therapy*. Yeshiva University, Ferkauf Graduate School of Psychology, Bronx, NY
- Schumpf, J. (2013, September). *The Nuts and Bolts of CBT*. New York University Counseling Center, New York, NY.
- Schumpf, J. (2013, July). *Cognitive Conceptualization*. New York Presbyterian-Weill Cornell Medical College, New York, NY.
- Schumpf, J. (2013, June). *The 24 hour Problem of Sleep: A lecture for clinicians in the assessment and treatment of sleep disorders*. Westchester Center for Cognitive Therapy, Scarsdale, NY.
- Schumpf, J. (2013, March). *The C in CBT*. Yeshiva University, Ferkauf Graduate School of Psychology, Bronx, NY.
- Schumpf, J. (2012, November). *How to Improve your Sleep*. Workshop for Jericho Project in Collaboration with New York Presbyterian-Weill Cornell Medical College, New York, NY.
- Schumpf, J. (2012, July). *Cognitive Conceptualization*. New York Presbyterian-Weill Cornell Medical College, New York, NY.
- Auchincloss, E. Koscis, J., Bleiberg, K., & **Schumpf, J.** (2012, March). Clinical Round Table. New York Presbyterian-Weill Cornell Medical College, New York, NY.
- Schumpf, J. (2012, March). *The C in CBT*. Yeshiva University, Ferkauf Graduate School of Psychology, Bronx, NY.
- Schumpf, J. (2012, March). *Wellness Workshop: Sleep*. Workshop for National Guard, New York Presbyterian-Weill Cornell Medical College, New York, NY.
- Schumpf, J. (2011, July). *Cognitive Conceptualization*. New York Presbyterian-Weill Cornell Medical College, New York, NY.
- Auchincloss, E. & **Schumpf, J.** (2011, March). Clinical Round Table. New York Presbyterian-Weill Cornell Medical College, New York, NY.
- Schumpf, J. (2010, July). *Cognitive Therapy: Application and Role Plays*. New York Presbyterian-Weill Cornell Medical College, New York, NY.

- Schumpf, J., & Solomon, N. (2010, May). *Professional Issues After Internship*. Yeshiva University, New York, NY.
- Schumpf, J., & Segal, H. (2010, January). *Under the Radar: The challenges of diagnosing and treating Dependent Personality Disorder*. Grand Rounds Lecture New York Presbyterian-Weill Cornell Medical College, New York, NY.
- Schumpf, J. (2010, January). *Cognitive Behavioral Therapy: Understanding the theory and application for social workers*. New York Presbyterian-Weill Cornell Medical College, New York, NY.
- Schumpf, J. (2009, October). *Understanding Trichotillomania*. Cornell Cognitive Therapy Clinic-New York Presbyterian-Weill Cornell Medical College, New York, NY.
- Schumpf, J. (2009, July). *Cognitive Therapy: Application and Role Plays*. New York Presbyterian-Weill Cornell Medical College, New York, NY.
- Schumpf, J. (2009, January). *The Fundamentals of Cognitive Behavioral Therapy for social workers*. New York Presbyterian-Weill Cornell Medical College, New York, NY.
- Schumpf, J. (2009, January). *Licensing Issues: Documentation and Preparation*. Cornell Cognitive Therapy Clinic, New York Presbyterian-Weill Cornell Medical College, New York, NY.
- Schumpf, J. (2008, October). *Cognitive Behavior Therapy for Insomnia*. Cornell Cognitive Therapy Clinic- New York Presbyterian-Weill Cornell Medical College, New York, NY.
- Harris, S. F., & **Schumpf, J.** (2008). *Management of Depression in Narcolepsy*. Narcolepsy Institute. Montefiore Medical Center, Bronx, NY.

PUBLICATION AND CONFERENCE PRESENTATIONS/SYMPOSIUM

- Rone, J., Kelin, S., Rothschild, S., Feldman, J., Servidio, E., Nobile, C., Press, N., Arutinov, C., & **Schumpf, J.** (2018) *The Effectiveness of an Adapted Version of the Unified Protocol in an Urban, Community Mental Health Training Clinic: A Further Investigation*. Poster presented at the Annual Convention of the Association for Behavioral and Cognitive Therapies. Washington, DC
- Rone, J., Kelin, S., Rothschild, S., Feldman, J., Servidio, & **Schumpf, J.** (2017) *The Effectiveness of an Adapted Version of the Unified Protocol in an Urban, Community Mental Health Training Clinic: A Further Investigation*. Poster presented at the Annual Convention of the Association for Behavioral and Cognitive Therapies. San Diego, CA.
- Salton, W. & **Schumpf, J.** (2017). *All About Incompetencies: Characteristics of Psychology Graduate Students On Probation For Problematic Clinical Practices & Faculty Strategies For A Healthy Return*. CE Credit. APTC Conference, Miami, FL.
- Schumpf, J. & Salton, W. (2016). *Balancing Dual Roles with Mentees: After the fall: identifying aspects of the relationship within the student-professor dyad to help students have a successful return from probation*. NCSPP Conference, Atlanta, GA.
- Proujansky, R., Lewis-Hatheway, F., **Schumpf, J.**, & McGinn, L. (2014). *Adapting a Manualized Treatment for Social Anxiety Disorder for Use in Patients with Comorbid Schizophrenia: A Complex Case Study*. Poster presented at the Annual Convention of the Association for Behavioral and Cognitive Therapies. Philadelphia, PA.
- Schumpf, J., McGinn, L., Beacher, J., & Boim, A. (2014). *The CTP-SPMI: A collaborative training program to provide a continuum of competent care to underserved, severely and persistently mentally ill populations*. Poster presented at the Annual convention of APPIC. Austin, Texas.

- Shiang, J., Wong, P., & **Schumpf, J.** (2014) *Asian Students in Counseling Centers-CBT perspective*. Panel presented at Metro Conference, New York University, NY.
- Schumpf, J. & Rego, S.A. (2009). Cognitive Behavioral Therapy for Insomnia (CBT-I): Modifications and Outcomes. *Current Psychiatry*, (8), 4.
- Schumpf, J. & Rego, S.A. (2008). *Cognitive Behavioral Therapy for Insomnia (CBT-I): Modifications and Outcomes for Outpatient Psychiatric Populations*. Poster presented at the 42nd Annual Convention of the Association for Behavioral and Cognitive Therapies. Orlando, Florida.
- Harris, S. F., **Schumpf, J.**, & Monderer, R. S. (2008) *Cognitive-Behavior Therapy for Potential Injection-Induced Insomnia in a Monolingual Spanish-Speaking Patient*. Poster presented at the 42nd Annual Convention of the Association for Behavioral and Cognitive Therapies, Orlando, Florida.
- Zweig, R., Hahn, S., Kachur, E., West, I., & **Schumpf, J.** (2008). *Findings From an Objective-Structured Clinical Examination for Geropsychology Training*. Symposium presented at the 116th Annual Meeting of the American Psychological Association, Boston, MA.
- Levin, R., Fireman, G., **Schumpf, J.**, & Kisner, T. (April, 2008). *A Neurocognitive Model of Disturbed Dream Generation*. Paper presented at Tucson Science of Consciousness Conference, Tucson, AZ.
- Schumpf, J., Kisner, T., & Levin, R. (2007). *Correlates of Bad Dream and Nightmare Narratives: Implications for a Neurocognitive Model of Disturbed Dream Generation*. Poster presented at the Association for Behavior and Cognitive Therapy Annual Convention, Philadelphia, PA.
- Zweig, R.A., Hahn, S., West, I., & **Schumpf, J.** (2007). *An Objective Structured Clinical Examination for Geropsychology Training: Preliminary Findings*. Poster presented at the 60th Annual Scientific Meeting of the Gerontological Society of America, San Francisco, CA.
- Zweig, R.A., Hahn, S., West, I., & **Schumpf, J.** (2007). *Implementation of an Objective Structured Clinical Examination for Geropsychology Training*. In R. Zweig (Chair) *Assessing Competencies in Psychology Training: An Objective Structured Clinical Exam (OSCE)*. Symposium presented at the 115th Annual Meeting of the American Psychological Association, San Francisco, CA.
- Fireman, G., Levin, R., **Schumpf, J.**, & Kisner, T. (2007). *Disturbed Dream Narratives, Daily Events, Mood and Coping Strategies*. Poster presented at The American Psychological Association's Annual Convention, San Francisco, CA.
- Schumpf, J., Kisner, T., & Levin, R. (2007). *Narrative Qualities of Bad Dreams and Nightmares: Implications for a Neurocognitive Model of Disturbed Dream Generation*. Poster presented at Yeshiva University Research Day, Bronx, New York.
- Schumpf, J., Kisner, T., & Levin, R. (2006). *Disturbed Dream Narratives, Perceptions of Daily Events and Daily Mood: Implications for Coping and Attributional Style*. Poster presented at the Association for Behavior and Cognitive Therapy Annual Convention, Chicago, IL.
- Schumpf, J. & Levin, R. (2006). *Narratives and Emotional Processing*. Poster presented at Yeshiva University Research Day, Bronx, New York.
- Akhtar, S., et. al. (2001). *Measuring Racial Climate on College Campuses: A Brief Instrument Suitable for Cross-Campus Comparisons*. Poster presented: University of Scranton, Annual Psychology Conference, PA.
- Akhtar, S., Connor, J., Salomon, J., **Schumpf, J.**, & Sonin, K. (2000). *A Pilot Study to Determine a Suitable Instrument in Assessing Racial Climate on College Campuses*. Poster presented: Binghamton University, Annual Psychology Conference, Binghamton, New York.